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December 30, 2008

This letter is to certify our compliance with the Children's Television Act of 1990 and the 1996 Children's Television Report and Order during the fourth quarter of the year 2008. From October 6 through December 30, 2008, Universal Sports (formerly WCSN) aired 52 hours of E/I Programming, which meets or exceeds FCC requirements.

From October 6 to December 30, Universal Sports fulfilled its core programming requirements with E/I programming of *Teen/Kids News* and *Aqua Kids*. Each episode of these series is thirty minutes in length and is aimed at junior high school students, 13 – 16 years of age.

The regularly scheduled time period for our E/I programming is Monday and Tuesday, 10:00 am – 12:00 pm eastern time.

Attached to this letter is a complete list of all E/I programming aired on Universal Sports in the fourth quarter of 2008, as well as a detailed report of air dates and times.

Please let me know if you have any questions.

Thanks.

Brian Smejkal Children's Programming Liaison Universal Sports

Universal Sports TV E/I PROGRAMING AIR DATES AND TIMES Fourth QUARTER 2008 (October 6, 2008 – December 30, 2008)

Week #1 (including Monday, June 30) Week #2								
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Monday	10/6/08	10:00 AM	4SH00200	Monday	10/13/08	10:00 AM	4SH00204	
Monday	10/6/08	10:30 AM	4SH00304	Monday	10/13/08	10:30 AM	4SH00308	
Monday	10/6/08	11:00 AM	4SH00201	Monday	10/13/08	11:00 AM	4SH00205	
Monday	10/6/08	11:30 AM	4SH00305	Monday	10/13/08	11:30 AM	4SH00309	
Tuesday	10/7/08	10:00 AM	4SH00202	Tuesday	10/14/08	10:00 AM	4SH00206	
Tuesday	10/7/08	10:30 AM	4SH00306	Tuesday	10/14/08	10:30 AM	4SH00310	
Tuesday	10/7/08	11:00 AM	4SH00203	Tuesday	10/14/08	11:00 AM	4SH00207	
Tuesday	10/7/08	11:30 AM	4SH00307	Tuesday	10/14/08	11:30 AM	4SH00311	
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Week #3				Week #4				
DATE		TIME	EPISODE	<u>DATE</u>		<u>TIME</u>	EPISODE	
Monday	10/20/08	10:00 AM	4SH00208	Monday	10/27/08	10:00 AM	4SH00200	
Monday	10/20/08	10:30 AM	4SH00300	Monday	10/27/08	10:30 AM	4SH00304	
Monday	10/20/08	11:00 AM	4SH00209	Monday	10/27/08	11:00 AM	4SH00201	
Monday	10/20/08	11:30 AM	4SH00301	Monday	10/27/08	11:30 AM	4SH00305	
Tuesday	10/21/08	10:00 AM	4SH00210	Tuesday	10/28/08	10:00 AM	4SH00202	
Tuesday	10/21/08	10:30 AM	4SH00302	Tuesday	10/28/08	10:30 AM	4SH00306	
Tuesday	10/21/08	11:00 AM	4SH00211	Tuesday	10/28/08	11:00 AM	4SH00203	
Tuesday	10/21/08	11:30 AM	4SH00303	Tuesday	10/28/08	11:30 AM	4SH00307	
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Monday	11/3/08	10:00 AM	4SH00204	Monday	11/10/08	10:00 AM	4SH00208	
Monday	11/3/08	10:30 AM	4SH00308	Monday	11/10/08	10:30 AM	4SH00300	
Monday	11/3/08	11:00 AM	4SH00205	Monday	11/10/08	11:00 AM	4SH00209	
Monday	11/3/08	11:30 AM	4SH00309	Monday	11/10/08	11:30 AM	4SH00301	
Tuesday	11/4/08	10:00 AM	4SH00206	Tuesday	11/11/08	10:00 AM	4SH00210	
Tuesday	11/4/08	10:30 AM	4SH00310	Tuesday	11/11/08	10:30 AM	4SH00302	
Tuesday	11/4/08	11:00 AM	4SH00207	Tuesday	11/11/08	11:00 AM	4SH00211	
Tuesday	11/4/08	11:30 AM	4SH00311	Tuesday	11/11/08	_ 11:30 AM	4SH00303	
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Week #7				Week #8				
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Monday	11/17/08	10:00 AM	4SH00200	Monday	11/24/08	10:00 AM	4SH00204	
Monday	11/17/08	10:30 AM	4SH00304	Monday	11/24//08	10:30 AM	4SH00308	
Monday	11/17/08	11:00 AM	4SH00201	Monday	11/24/08	11:00 AM	4SH00205	
Monday	11/17/08	11:30 AM	4SH00305	Monday	11/24/08	11:30 AM	4SH00309	
Tuesday	11/18/08	10:00 AM	4SH00202	Tuesday	11/25/08	10:00 AM	4SH00206	
Tuesday	11/18/08	10:30 AM	4SH00306	Tuesday	11/25/08	10:30 AM	4SH00310	
Tuesday	11/18/08	11:00 AM	4SH00203	Tuesday	11/25/08	11:00 AM	4SH00207	
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Week #9	20-2		,,	Week #10	· ·		
DATE		TIME	EPISODE	DATE		<u>TIME</u>	EPISODE
Monday	12/1/08	10:00 AM	4SH00208	Monday	12/8/08	10:00 AM	4SH00200
Monday	12/1/08	10:30 AM	4SH00300	Monday	12/8/08	10:30 AM	4SH00304
Monday	12/1/08	11:00 AM	4SH00209	Monday	12/8/08	11:00 AM	4SH00201
Monday	12/1/08	11:30 AM	4SH00301	Monday	12/8/08	11:30 AM	4SH00305
Tuesday	12/2/08	10:00 AM	4SH00210	Tuesday	12/9/08	10:00 AM	4SH00202
Tuesday	12/2/08	10:30 AM	4SH00302	Tuesday	12/9/08	10:30 AM	4SH00306
Tuesday	12/2/08	11:00 AM	4SH00211	Tuesday	12/9/08	11:00 AM	4SH00203
Tuesday	12/2/08	11:30 AM	4SH00303	Tuesday	12/9/08	11:30 AM	4SH00307
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Week #11				Week #12			
DATE		<u>TIME</u>	EPISODE	DATE		<u>TIME</u>	EPISODE
Monday	12/15/08	10:00 AM	4SH00204	Monday	12/22/08	10:00 AM	4SH00208
Monday	12/15/08	10:30 AM	4\$H00308	Monday	12/22/08	10:30 AM	4SH00300
Monday	12/15/08	11:00 AM	4SH00205	Monday	12/22/08	11:00 AM	4SH00209
Monday	12/15/08	11:30 AM	4SH00309	Monday	12/22/08	11:30 AM	4SH00301
Tuesday	12/16/08	10:00 AM	4SH00206	Tuesday	12/23/08	10:00 AM	4SH00210
Tuesday	12/16/08	10:30 AM	4SH00310	Tuesday	12/23/08	10:30 AM	4SH00302
Tuesday	12/16/08	11:00 AM	4SH00207	Tuesday	12/23/08	11:00 AM	4SH00211
Tuesday	12/16/08	11:30 AM	4SH00311	Tuesday	12/23/08	11:30 AM	4SH00303
	4 hours total E/I programming				4 hours total E/I programming		
Week #13							
DATE		<u>TIME</u>	EPISODE				
Monday	12/29/08	10:00 AM	4SH00200				
Monday	12/29/08	10:30 AM	4SH00304				
Monday	12/29/08	11:00 AM	4SH00201				
Monday	12/29/08	11:30 AM	4SH00305				
Tuesday	12/30/08	10:00 AM	4SH00202				
Tuesday	12/30/08	10:30 AM	4SH00306				
Tuesday	12/30/08	11:00 AM	4SH00203				
Tuesday	12/30/08	11:30 AM	4SH00307				
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E/I Programming Descriptions October 6 – December 30, 2008

Teen Kids News Ep: 4SH00200 Ep: 4SH00201 Ep: 4SH00202 Ep: 4SH00203 Ep: 4SH00204 Ep: 4SH00205 Ep: 4SH00206 Ep: 4SH00207 Ep: 4SH00208 Ep: 4SH00209 Ep: 4SH00210 Ep: 4SH00211	Teen Kids News #439 Teen Kids News #441 Teen Kids News #443 Teen Kids News #449 Teen Kids News #520 Teen Kids News #522 Teen Kids News #525 Teen Kids News #527 Teen Kids News #528 Teen Kids News #530 Teen Kids News #533 Teen Kids News #534
Aqua Kids Ep: 4SH00300 Ep: 4SH00301 Ep: 4SH00302 Ep: 4SH00303 Ep: 4SH00304 Ep: 4SH00305 Ep: 4SH00306 Ep: 4SH00307 Ep: 4SH00308 Ep: 4SH00309 Ep: 4SH00310 Ep: 4SH00311 Wetlands)	Aqua Kids #2006-01 (Bahama Adventure) Aqua Kids #2006-02 (Horn Point Lab) Aqua Kids #2006-03 (NC Aquarium 1) Aqua Kids #2006-05 (SCUBA certification) Aqua Kids #2006-08 (Mysterious Horseshoe Crabs) Aqua Kids #2006-09 (Texas Wetlands) Aqua Kids #2006-10 (Sea World) Aqua Kids #2006-12 (NC Collecting Trip) Aqua Kids #2006-14 (Reef Survey) Aqua Kids #2006-15 (Texas Fisheries) Aqua Kids #2006-18 (Dolphin Fun) Aqua Kids #2006-06 / #2007-13R (Ft. McHenry/Urban

EP: 4SH00200 – TEEN KIDS NEWS EPISODE #439 SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: Headlines from this week leads us into the first part of an informative story on identity theft. Even though kids may not have a credit card in their name, they still have a social security number, a birthday and an address which can make them a prime target for theft. Victims of identity theft can suffer huge damages to their credit which could make it hard to receive student loans or receive credit in the future. In part two of the segment which will be shown at a later date, kids will learn how to protect themselves and their families from identity theft.

B BLOCK: Jenna continues her report on bullying in this segment. Some bullies may actually follow through on their threats and kids should use their judgment on standing up to them, especially if it could lead to physical violence. Kids also learn not to be afraid of telling an adult if they're being bullied.

In this week's Weekly Reader Poll kids are asked their opinions on immigration and whether or not new comers to the US should have to learn English. Nearly 80 percent of teens said yes, 12 percent of teens said no, and 8 percent said they didn't know.

C BLOCK: Nicole reports on Quebec City, the only "fortified" city in North America. We learn that the city is encircled by 1.6 kilometers of walls with only four gates for entry. We also learn about the citadel in Quebec City. It is a national monument manned by troops and is also the official residence of Quebec's Governor General.

This week in our ongoing segment called "Make the Grade" we learn a vocabulary study tip from our correspondent Natalie. She suggests that when teens encounter a word they don't know, while doing homework or reading, that they look up the definition and write the word on their calendar a few weeks ahead. When that day rolls around teens should see if they remember the definition and make that word their "word of the day."

D BLOCK: In sports Gabe tells us about therapeutic riding. Teens with special needs ride horses and get the therapy they need be it physical, mental, or emotional. While kids are bonding with the animal they're also getting the therapy without being consciously aware of it.

In this week's health and fitness report, Nicole reports on healthy lifestyle tips for kids and their parents. Teen actors and an Olympic medalist gathered together to give this important message at a soccer shootout where kids could get active and sample healthy recipes from Ragu.

E BLOCK: Sam reports this week on a young jazz pianist named Eldar who has used his passion to become one of the top musicians in his field. He's released two CDs and headlined shows and some of the most famous jazz clubs in the world all by his 19th birthday. Born in Kyrgyzstan, a part of the former Soviet Union, Eldar knew he had to be dedicated to his craft if he wanted to excel. Now he's a jazz piano major at the University of Southern California.

EP: 4SH00201 – TEEN KIDS NEWS EPISODE #441 SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: Headlines from this week lead us into an interesting story on the life of Zade Dirani, a musician from the Middle East who has used his talents to form The Seeds of Peace. The organization brings youths together through music. Thirty musicians from eighteen countries work on leadership skills and are taught how to hold workshops on various issues in every country where they perform.

B BLOCK: This week Jenna delivers the second part of our report on identity theft. We learn about the dangers of online shopping and tactics identity thieves use. Jenna also gives us signs to look for if we think we might be a victim of identity theft.

C BLOCK: In our ongoing segment WORD! we learn the definition of oligarchy, pandemonium, and punctual.

D BLOCK: In sports this week Nicole tells us about Heather a girl on an all boys hockey team. We learn that Heather is a starter and one of the best players on the team. She knows it's unconventional but she says the experience has made her a better athlete.

E BLOCK: In Work It we learn about land surveyors. Surveying originated in ancient Egypt in response to floods that damaged boarders. Today surveyors use the same techniques with modern equipment to establish boundaries on a particular piece of property.

This week Sam reports on Guinness Book world record holders. She interviews Jackie Bibby, who holds the record for the most snakes in his mouth at one time, Cathy Jung, who has the Guinness record for world's smallest waist for a living person, and Bryan Berg who holds the record for the world's tallest house of cards.

EP: 4SH00202 – TEEN KIDS NEWS EPISODE #443 SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: Headlines from the week of January 29 leads us into an informative story on fast food. Eric Schlosser, author of "Chew On This," spent two years researching the fast food industry, exposing the additives and chemicals used in processed fast food. The processing keeps the cost of fast food low, but adds fat, calories, salt and sugar to the food.

B BLOCK: This week Jenna reports on teen activists. She profiles Emma Barnett who volunteers with a rescue group to place unwanted pets. Emma is the subject of "It's Your World. If You Don't Like It, Change It," by Miki Halpin. The book outlines how kids can become activists.

In this week's Weekly Reader Poll kids are asked whether or not they do anything to combat global warming. Kids say that their families try to help the planet by using less heat and air conditioning at home, cutting back on plastic packaging, and driving cars with better gas mileage.

C BLOCK: Nicole reports on Hairspray, a remake of the classic film and Broadway show by New Line Cinema. The main character Tracy Turnblad becomes an unlikely star in the 1960s when she lands a spot on a hit teen dance show.

D BLOCK: In sports this week Gabe takes a look at golf in South Africa. Racial segregation during apartheid has kept blacks off the courses for years, now through an organization called the Royal and Ancient, young teens are getting more opportunities to play the sport.

In our ongoing segment WORD! we learn the definition of latent, blatant, and complacent.

E BLOCK: In Work It we learn what it takes to be a Police Patrol Officer. Police Patrol Officers ensure the safety of the public and have to be ready for anything. A keen eye for details and strong organizational skills also help on the job.

Sam reports on how to make a cartoon...from start to finish. Artists divide the tasks and make up different backgrounds and characters. They say the challenge and the fun lies in taking a writer's idea and producing it in a visually stimulating way. In this case the actual animation is done overseas, then the director and editor go to work to make the finished product.

EP: 4SH00203 – TEEN KIDS NEWS EPISODE #449 SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: Headlines from this week lead us into part two of our series on saving the ocean. Felipe reports that by using less plastic, eating sustainable fish and organic food we can cut down on pollutants and protect the ecosystem.

B BLOCK: This week in our ongoing segment on Financial Literacy Jenna reports on the differences between credit and debit cards. Debit cards are as useful as credit cards but draw directly from bank accounts, that way kids can limit their exposure to financial charges and penalties.

C BLOCK: Nicole reports on the Texas State fair for her video scrapbook. We learn about kids who raise animals for market at the fair. Seventeen-year-old Whitney Holcomb sold her steer for \$90,000! Some of that money will be used by the fair for scholarships, but the rest will be given to her.

D BLOCK: In sports, Gabe reports on Molly and Danny, junior pairs figure skaters. Molly and Danny practice four hours a day every day to perfect their sport. They have already qualified for the junior nationals and hope that one day they'll be in the Olympics.

In Word! this week we learn the definitions of viscous, peril, and fracas.

E BLOCK: In Work It Lilly tells us about archivists, people who store and catalogue historical items. Archivists use modern technology to preserve the past. They often work in museums, libraries, or private companies.

This week Sam tells us about Aftershock a hip-hop program that's spreading the gospel to teens. This program teaches kids about God through music and hip-hop beats. Now churches throughout the nation are using hip-hop to reach young members of the church.

EP: 4SH00204 – TEEN KIDS NEWS EPISODE #520 SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: Headlines from this week lead us into Felipe's story on the Hollywood film industry's over use of cigarette smoking in films. The report focuses on how smoking has declined overall in the U.S. but is still portrayed as a common feature in many major movies. Dr. Stanton Glantz from the University of California San Francisco Medical School is waging a campaign to ask Congress to rate movies with an R when smoking is portrayed.

B BLOCK: Jenna has a story about a gym where the exercise equipment has been modified to generate electricity when people use them to work out. When gym owner Lucien Gambarota saw a way to lower his energy costs, he decided to install the energy-producing work out equipment as a way to be environmentally conscious and give gym-goers an added motivation.

Nicole has an informative interview with National Park Service Ranger Ed Bernard about the making of Mt. Rushmore. Ranger Bernard explains how sculptor Gutzon Borglum and 400 workers carved the historical landmark and why they chose the four faces on the monument.

C BLOCK: Gabe has an inspiring story about a different kind of tennis league – one that focuses on the athletic talents of wheelchair-bound players. He has an interview with Bob Waldman, the founder of the Baseline Wheelchair Tennis Foundation, where player Sarah Casteel plays as she trains for the 2008 Para Olympics.

D BLOCK: Kelsey presents a poll on the breakfast eating habits among teems.

In "Make the Grade" Natalie tells about the benefits of forming study groups – groups of students who work together to master their assignments.

E BLOCK: Sam reports on an emerging pop music group *Click 5.* After meeting at Boston's prestigious Berklee College of Music, the teens formed a pop band and began touring with known artists such as Hilary Duff. The band opens up to Sam about the creative process they went through to find a name for the group.

EP: 4SH00205 – TEEN KIDS NEWS EPISODE #522 SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: Headlines from this week lead us into Felipe's story on why it's important for young people to get involved in the voting process. Teenagers are encouraged to pay attention to issues that interest them and be part of local, state, and federal political campaigns.

B BLOCK: Kelsey has a story about teenage weight loss. Teenage obesity is an epidemic plaguing the United States, but today, you'll meet Kristen who successfully slimmed down by carefully managing her diet and exercise. Kristen and other teens are featured in Anne Fletcher's book, "Weight Loss Confidential."

Nicole takes us to Gettysburg, Pennsylvania where we learn about one of the key turning points in the Civil War. We'll find out why this important battle was actually an accident and get to see the grounds where history took place.

C BLOCK: In Sports, Kristen tells us about the United States Equestrian Federation Festival of Champions. This intense competition for riders and their horses hosts many of the nation's best Olympic hopefuls.

D BLOCK: In this week's College and U report, Lauren takes viewers to the University of Virginia, one of the highest ranked universities in the country. Founded by Thomas Jefferson, the school is his legacy and has tried to maintain the sense of community and high level of academic achievement he envisioned. The school produces more Rhodes scholars than any other state university.

E BLOCK: Jenna reports on a band called, "Hysterics." In an up close and personal interview, the band talks about their next album and the trials and tribulations of being an "indie" band.

EP: 4SH00206 – TEEN KIDS NEWS EPISODE #525 SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: Headlines from this week lead us into Felipe's story on teens making a difference. Eight teens from around the country were chosen winners of the Target House Volunteer Contest. Their work included tutoring kids in karate, volunteering at an animal shelter, and beginning a charity. The winners inspire viewers to get involved in their communities.

B BLOCK: In this week's sponsored segment brought to us by FOX Home Entertainment, Sam tells us about the movie called *Mr. Magorium's Magic Emporium*, now out on DVD. The movie is about a unique toy store which sells whatever a child's heart desires. It is entertaining and inspires children to use their own imaginations.

Kyle visits the oldest zoo in the United States, the Philadelphia Zoo. Viewers get the chance to learn about the many different and exotic animals living at the zoo and about what their original habitats were like. The zoo has everything from orangutans to penguins!

C BLOCK: In Sports, Gabe has a story on how exercise can boost your brain power. The Brain Muscle Work Out, created by Michael Gonzalez Wallace, works out 35 muscles at once which maximizes brain activity. The idea is that if you are moving more than one part of your body at a time, you have to think about it. If this is true, working out could help students do better in school.

Our Olympic Insight this week is about Rebecca Ward, the youngest Fencing World Champion in history. Charlie reports on the hard work, dedication, and training behind her many championships. Recently, Rebecca won gold for the individual and team competitions in the Las Vegas Grand Prix.

D BLOCK: In this week's College and U Report, Lauren tells us why the average high school student has a lot of options for college. With over 3,500 institutions in the United States to choose from, it just takes a little searching to find the one that's right for you. Guidebooks and online search engines can narrow down colleges based on your own personal profile.

E BLOCK: Nicole reports on rock group "OK Go." The band talks about how their popularity grew through illegal downloads of their music videos. While they want fans to keep rocking out, they encourage listeners to support them by PAYING. Whether it's live concerts, CDs, or downloading online – make sure you do it legally!

EP: 4SH00207 – TEEN KIDS NEWS EPISODE #527 SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: Headlines from this week lead us into Felipe's story on weather predicting. We visit the National Weather Service to take a look at how technology has changed over time and the advancements the United States has made in forecasting. The National Weather Service currently has a 90% accuracy rate and this is thanks to radars, computers, and satellites. However, even with all the technology, weather forecasters admit that weather patterns can still be very unpredictable.

B BLOCK: Tyler has the story on teens whose leadership skills are putting them in the spotlight. Savannah Walters, Tara Suri, and sisters, Sarah and Emily Buder are all teen activists recognized by CosmoGirl as leaders. The magazine honored the girls for their achievements with help from Ashlee Simpson at a "Born to Lead" awards ceremony in New York City.

Nicole continues her special series on Thomas Jefferson. This week we uncover a less praiseworthy side of our founding father – Thomas Jefferson was a slave owner. With 5,000 acres of land, Jefferson had 200 slaves working for him at Monticello. However, this was a direct contradiction from his personal statements where he called slavery "an abominable crime."

C BLOCK: In Sports, Gabe reports from the Quick Check New Jersey Festival of Ballooning. The festival hosts 125 balloons and is the largest of its kind in North America. Gabe talks with balloon pilot, Bob Romaneschi, and learns about the equipment used and some rules for the road – in the air! Then watch as Gabe sets off on his first ever balloon ride!

D BLOCK: Siena tells us about the long journey of the leatherback sea turtles.

In this week's sponsored segment by 20th Century Fox, Lara tells us about *The Seeker*, now out on DVD. The film follows teenager, Will Stanton, as he embarks on a journey to save the world. With special powers and the light as his guide, watch Will fight off the rising of the dark and take on the fight of a lifetime.

E BLOCK: Sam has a story on Lise de la Salle, a 19 year old French pianist. At age four, Lise knew she wanted to be a concert pianist and at age nine, she was already staring in public performances. Lise may be popular with the classical music fans around the world, but she's hoping to lure in some more teen listeners. She says that if more teenagers give classical music a chance, they may actually like what they hear!

EP: 4SH00208 – TEEN KIDS NEWS EPISODE #528 SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: Headlines from this week lead us into Felipe's story about a teenage painter with a passion. Ashley Schoenfeld's Dad, retired Naval Captain Gerard Schoenfeld, has been painting since childhood. After his career with the Navy, he had hoped to focus on his love of art. However, Gerard developed the rare and fatal ALS or Lou Gehrig's disease, which eventually diminishes muscle control. Not able to hold a paint brush any longer, Gerard found hope in his daughter. Ashley gave her Dad the gift of her hands and they now work together as a team creating beautiful artwork.

B BLOCK: Nicole tells us about a famous landmark you're sure to recognize. Built for the Exhibition of Paris in 1889, the Eiffel Tower was designed by Gustav Eiffel. The tower took 300 workers and almost three years to build. With 81 stories, the Eiffel Tower was the tallest structure in the world until 1930.

C BLOCK: In Sports, Kyle reports from Ski Round Top in central Pennsylvania. Having never skied or snowboarded before in his life, Kyle takes us along on his snow adventures. Wearing proper safety gear is important. Experts say that wearing a helmet on the slopes could prevent 16,000 head injuries a year.

Our Olympic Insight this week is about track star, Lauryn Williams. In the 2004 Summer Olympics, Lauryn won silver for the 100 meter spring and in 2005 she won gold at the World Championships for the same event. Lauryn talks about creating balance in her life as an elite athlete. While she is dedicated to her sport, Lauryn realizes family and friends are just as important.

D BLOCK: Siena tells us about an underwater burial park called Neptune Memorial Reef.

In this week's "Make the Grade," Natalie gives us tips on how to get a good night's sleep. Cutting out caffeine and trying to create a steady bedtime are just some of the ways you can become well-rested.

E BLOCK: In this week's, "On the Spot," Sam has *Lord of the Rings* star, Elijah Wood, answer YOUR questions! Find out how he got his start in the industry, what his favorite film to make was, and if he's single!

EP: 4SH00209 – TEEN KIDS NEWS EPISODE #530 SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: Headlines from this week lead us into Felipe's story about sleep deprivation. Research indicates only one in five teens gets enough sleep. It's affecting the way teens drive and perform in school. Experts suggest avoiding caffeine after dinner, setting a routine bedtime, and staying away from video games and the internet before you go to bed.

B BLOCK: Tyler reports on a special program at the Graham Windham School. Most students here have faced adversity – some come from foster care and others have had trouble with the law. Whatever their circumstance, a student-based group called the Bengals, was designed to help students handle peer pressure and strive to be a positive person.

C BLOCK: In Sports, Gabe gives us a view from the ice as we learn about the art of synchronized skating. The girls from *Team Image* show us it takes hours and hours of practice individually and as a group to perfect their moves. Synchronized skating is becoming one the fastest growing sports in the world and these teens hope it will one day be an Olympic event.

Siena tells us why it's important we head outdoors to our National Parks.

D BLOCK: Nicole takes us to Mt. Rushmore in South Dakota where she and Park Ranger, Ed Bernard, climb to the top. We get a sneak peak at the hidden Hall of Records and learn about the work behind carving our Presidents in stone.

Cindy Post Senning from the Emily Post Institute gives advice on cell phone etiquette.

E BLOCK: Sam reports on one band's goal to raise awareness about the war-torn region of Darfur. Of A Revolution, or O.A.R., is a band with a mission. Before selling out big stadiums, these guys built up a fan base on college campuses nationwide. O.A.R. is now using their fame for good by contributing to the charitable musical project called Instant Karma developed by Amnesty International.

EP: 4SH00210 - TEEN KIDS NEWS EPISODE #533 SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: Headlines from this week lead us into Felipe's story about an illness that is tough to recognize. Nearly 10 percent of all teens experience depression at some point. Dr. Celia Blumenthal, adolescent psychiatrist, shares the symptoms and warning signs. Most times professional therapy can help, but serious depression may need to be treated with medication.

B BLOCK: Siena tells us about the organization BK/FK – "By Kids/For Kids;" which encourages kids to become young inventors. Over the years, more than 50-thousand participants have entered the BK/FK invention competitions. The program inspires, motivates, and empowers kids to be creative.

C BLOCK: In Sports, Mwanzaa reports on one of the best high school baseball teams in the country – the Clarke Rams. Over the past 9 years, they've won more than 15 championships. Their key to their success is practicing and training all year long. Many former teammates have gone on to play college ball and some have even made it to the pros!

D BLOCK: Nicole takes us to one of the great cities of ancient Mesoamerica – Chichen Itza. Considered as one of the new seven wonders, Chichen Itza is located in the part of Mexico known as the Yucatan. This area was once home to the Mayan empire. The Mayans are known for their impressive pyramid and an advanced 365-day calendar.

E BLOCK: Livia's word of the week is "preposterous."

Sam reports on an outstanding group of young singers. The New York Metropolitan Opera has a special Children's Chorus program led by teacher Elena Doria. The younger the kids audition, the better! Once they reach adolescence and their voices become too mature, the kids must leave the chorus and make room for young newcomers. Watch as the Children's Chorus prepares for their performance of *Othello*.

EP: 4SH00211 – TEEN KIDS NEWS EPISODE #534 SYNOPSIS FOR FCC REPORT008

TARGET AGE IS 13-16

A BLOCK: Headlines from this week lead us into Felipe's story about the dangers of caffeine. Experts, like pediatrician Dr. Paula Elbirt, say too many teens are drinking too much caffeine and ignoring the risks. Caffeine can affect growth, attack the immune system, and leave you dehydrated.

B BLOCK: Erika takes us to the Westminster Kennel Club Dog Show, one of the longest running sporting events in the country. These dogs have to be champions in other competitions just to make it to this event. The handlers in the Junior Showmanship category range from ages 10 to 18. In this event, judges are actually scoring the handlers rather than the dogs on presentation and skill.

C BLOCK: In Sports, Gabe introduces us to a teen surfer who is making a big splash on the East coast. Balaram Stack surfs just minutes away from New York City in a town called Long Beach. Balaram wants to be known for his New York origin and is focused on advancing his career. The teen already has endorsements from six sponsors including Quicksilver and Oakley.

D BLOCK: Sloane gives us a first hand look at a disorder affecting millions of kids and their families – autism. She visits with the Esposito family where 14-year-old Lewis lives with this neurological disorder. Autism affects the way the brain operates and each child's case is unique. While autistic children do have their limitations. Lewis' sister Monica reminds us that he should be treated like anyone else.

Siena tells us about the cloning skills of sand dollars.

In this week's "Work It," Lily explores the career of an Aerospace Engineering and Operations Technician. People in this field get to design and develop modern flying machines using their imagination and precision.

E BLOCK: Livia's word of the week is "dour."

Sam reports on the Interschool Orchestras of New York (ISO). The organization has music programs for all ages that are separate from those in their school districts. Young musicians come together weekly from all over the region to rehearse. They also offer financial aid and scholarships to encourage learning.

EP: 4SH00300 – AQUA KIDS EPISODE #2006-01 (Bahama Adventure) SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: In this episode, the Aqua Kid guides Bilal, Molly, and Andy travel to the Bahamas in search of exciting marine life. They begin by introducing viewers to an investigation of the lionfish in Pacific waters. They learn that although the lionfish is a pretty sight, it does not belong in the Pacific because it is venomous and has no natural predator, which puts other fish in danger. Viewers are educated about the threat of invasive species, which throw off the delicate balance of an ecosystem's natural order.

B BLOCK: Next, the Aqua Kids learn that sharks are not nearly as scary as they are often made out to be. They go on a dive into an area known as "Shark Runway" which is famous for its wide diversity of sharks. These Caribbean sharks are not interested in humans, because they are nothing like their normal prey, so diving with these sharks is completely safe. Viewers are educated that this experience of diving with sharks may not be around in the future though, since sharks are endangered and are being fished out of the ocean at alarming rates.

C BLOCK: In this segment, the Aqua Kids get to see up close the dying and diseased coral reefs in the Bahamas. The diseases have been caused by pollution and other side effects of human-marine damages. They learned that too much human interaction with the reef can seriously upset its natural balance. The Aqua Kids educate viewers that saving the oceans is our responsibility.

D BLOCK: At the end of the episode, we learn that some restaurants serve endangered fish as delicacy meals, which is another factor that is seriously upsetting the balance of our reefs. Viewers learn in this episode that it takes individual responsibility from each person to help ensure the future survival of these beautiful marine sanctuaries.

EP: 4SH00301 – AQUA KIDS EPISODE #2006-02 (Horn Point Lab) SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: In this episode, the Aqua Kid guides visit Maryland University in Cambridge, Maryland to teach the viewer about the Horn Point Lab. Andy, the university's biologist shows us the Ecology Lab, allowing the viewer to be a fish farmer for a day. Professor Andy teaches the kids why they are breeding clown fish and what the breeding process entails.

- **B BLOCK**: The Aqua Kids are in the Horn Point laboratory learning how to read meters for testing water quality to ensure the optimal quality of life for the clown fish. Molly also goes over some facts about the clown fish, teaching the viewer even more about the clown fish and how they live in the wild.
- **C BLOCK**: Sturgeons are an endangered species and the Horn Point Laboratory is trying hard to bring this prehistoric fish back into a state of level existence. Professor Andy goes over how they track the Sturgeons and keep records on how they are developing over time.
- **D BLOCK**: Molly explains that the Atlantic Sturgeon does not have scales or bones; its body is merely a cartilage system. The Aqua Kids learn how to harvest young Sturgeons and transport them to another tank where they will have more room to develop.

EP: 4SH00302 - AQUA KIDS EPISODE #2006-03 (NC Aquarium 1) SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: In this episode, the Aqua Kids go on an adventure to the North Carolina Aquarium to learn about the vast number of species that live in the ocean. Adam Fredric has come along to teach the kids about the amphibians they have at the aquarium. Bilal and Molly explain the dangers facing sea turtles in the wild.

B BLOCK: The Aqua Kids learn about the Logger Head Sea Turtle and how to nurture and transport them to different locations, even an aquarium 400 miles from where the turtle was before.

C BLOCK: Andy, an aquarium specialist, demonstrates how animal handlers remove the stingray's barb so that it can be put into the aquarium with other stingrays. Removing the barbs allows aquarium visitors to be hands-on with the stingrays without being stung. Andy also teaches the Aqua Kids how to determine the gender of a stingray.

D BLOCK: Andy explains why shipwrecks are great habitats for fish because they give the fish shelter and a place to catch food. Andy also describes the different species of sharks they have in the aquarium, what they eat, and what the daily life of a shark is like.

EP: 4SH00303 – AQUA KIDS EPISODE #2006-05 (SCUBA certification) SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: In this episode, the Aqua Kids go to a dive shop run by a SCUBA instructor named Andy. Andy briefly explains the history of diving and how to get certified as a SCUBA diver. The Aqua Kids also learn how to calculate atmospheres using basic math while diving.

B BLOCK: Molly discusses the rules of diving and the requirements to become a certified SCUBA diver.

C BLOCK: The Aqua Kids learn how to properly set up their SCUBA gear and the nomenclature of the gear. After setting up their gear, checking it, and doing the pre-dive checks, the Aqua Kids learn how to descend into the water.

D BLOCK: Captain Bob describes the path the Aqua Kids will take in the water. He stresses the importance of not running into or breaking the coral around the reef due to its endangered status. Once the Aqua Kids descend, one the kids has trouble equalizing his pressure due to his inability to pop his ears. All of the Aqua Kids have a great time underwater and describe what they saw.

EP: 4SH00304 – AQUA KIDS EPISODE #2006-08 (Mysterious Horseshoe Crabs) SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: In this episode, the Aqua Kids travel to the frigid coast of Delaware in the northern Atlantic to observe the ancient arthropod species, the horseshoe crab. The Aqua Kids discover that horseshoe crabs have been around for 300 million years, even coexisting with the dinosaurs. They learn about their physical characteristics, what their shells are made of, how they hunt for food, and where they store their eggs. The Aqua Kids also hear about the many different characteristics that successful marine creatures develop for survival.

B BLOCK: Next, the Aqua Kids learn the medical and scientific importance of horseshoe crabs. For example, the eyes of horseshoe crabs are the standard medical students use for dissection to learn about how the eyes work in coordination with brains, due the fact that each crab has ten large and simple compound eyes that are good for easy studying. Another essential role that horseshoe crabs play is that their blood is used in scientific tests to help determine the purity of samples taken for medical tests. Much of the medical training used today is based upon the study of horseshoe crabs.

C BLOCK: The Aqua Kids go into a lab and learn about the many reasons why the horseshoe crabs are suffering from over-fishing. They are considered a delicacy in European and Asian nations and are desperately needed in the medical community. The Aqua Kids learn about the vital role of these important species throughout the world, and what ways we can help protect them in the future.

D BLOCK: In this last segment, the Aqua Kids learn how to find horseshoe crab eggs in the sand. They discover that these "crabs" are misnamed - they are not really crabs at all, but invertebrates. The Aqua Kids are reminded that it is up to individuals to do their part to protect and learn more about the importance of marine species.

EP: 4SH00305 – AQUA KIDS EPISODE #2006-09 (Texas Wetlands) SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: In this episode, the Aqua Kids travel to the amazing wetlands in Texas to learn about the importance of the wetlands in maintaining wildlife. Bilal and Molly discover how the wetland plants filter water by visiting Darrel Andrews and learning how to pump water out of the wetlands. Darrel explains why the Trinity water is bad quality and what they do to clean the water before it goes into the reservoir. The water is run to a wetland and the wetlands use the impurities as nutrients to grow, which cleans out the water. The Aqua Kids also learn how to quality test the water, by taking a water sample.

B BLOCK: Now the Aqua Kids are in the sedimentation basin where all the sediments are able to settle to the bottom. The Aqua Kids learn why sediments work with the plants to clean the water in the wetlands. Jeff explains the different plants that grow in the wetlands and how they are used in the commercial aspect as well. The wetlands doesn't just purify water, it also provides a great habitat for animals.

C BLOCK: Darrel Andrews goes over how to test water samples to find out the difference in the level of impurities between water run through the wetlands, and water that has come straight from the Trinity river. Darrel also goes over the equipment used to test water temperature, ph levels, and a variety of other things.

D BLOCK: Jeff and Darrel tell the kids how wetlands are starting to pop up everywhere because of the ecofriendliness of wetlands and the wildlife it maintains. They also explain why the wetlands are so vital to this day and age.

EP: 4SH00306 - AQUA KIDS EPISODE #2006-10 (Sea World) SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: In this episode, the Aqua Kids travel to Orlando, Florida to check out Sea World Aqua Park. They learn about the great things Sea World does to educate and inform the public about the creatures they may never see outside of Sea World. The Aqua Kids also discover how Sea World cares for sick animals.

Stingrays are the first marine animals the Aqua Kids learn about. They observe the stingray's behavior, as well as how to feed the stingray.

B BLOCK: Now the Aqua Kids head to a dolphin nursery to learn about dolphins. Barbara, an employee of Sea World, explains how to behave around the creatures. Barbara describes the ways Sea World gives dolphins fundamental and physical stimulants to keep them active and stimulated.

C BLOCK: Liz, a trainer at Sea World, describes the Orca Whales with Molly, Bilal, and the Aqua Kids, including the number of Orcas they have at Sea World, what the Orcas need to survive, and what baby Orcas need to grow to full-sized, mature adults. The Aqua Kids learn that Orcas gestation period is 17 ½ months and the training of young Orcas begins when they are at least 18 months old.

D BLOCK: Dr. Mike Walsh, a veterinarian for Sea World, starts this segment by explaining what a veterinarian for Sea World does, encouraging young individuals who may want to be apart of this fantastic field. Molly and Bilal, also learn how the vets strive to get the animals healthy enough to return to the wild. Dr. Walsh describes how the manatees are taken care of at Sea World. Dr. Walsh demonstrates how they try to teach basic instincts the wild manatees and turtles would normally have in the wild.

EP: 4SH00307 – AQUA KIDS EPISODE #2006-12 (NC Collecting Trip) SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: The Aqua Kids depart on an adventure to the great deep blue to collect fish in the ocean. They learn about the types of fish they will be catching, as well as what precautions are taken while collecting fish. One example of the precautions the Aqua Kids must take is to pull the net up slowly so that fish may acclimate to the change in pressures due to the gas bladders.

B BLOCK: Next, the Aqua Kids learn what fish the boat wants to collect and why they return some fish to the ocean. The captain also goes over the level of poison an eel has in it, as well as the things to look out for while handling different species of fish.

C BLOCK: The captain teaches the Aqua Kids how to bag the fish they catch to be able to transport them to aquariums. When bagging fish, the fisherman fill the collection bags with pure oxygen. The oxygen will be absorbed into the water and help prolong the life of the fish.

D BLOCK: The Aqua Kids visit the aquarium's holding center and discover which how to acclimate the collected fish to the proper tank. The kids also learn the reasons why the aquarium collects fish for educational purposes, and why fish should not just be randomly harvested.

EP: 4SH00308 – AQUA KIDS EPISODE #2006-14 (Reef Survey) SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: The Aqua Kids learn about our vast endangered reefs. The kids are instructed how to report and identify the fish they see in the water by key terms such as, bars, strips, bands, and types of fins.

B BLOCK: Andy explains to the Aqua Kids how the Parrotfish change their gender throughout their life. The kids also learn that Parrotfish eat small pieces of coral that makes sand when digested. The kids also learn how to log fish that they find when they observe fish in the water.

C BLOCK: The Aqua Kids travel to the reef to survey the fish they have learned about. They go on an adventure under water and see various fish in their natural habitat, identifying them in their underwater books.

D BLOCK: Molly dives around the Wreck of the City of Washington to view an actual shipwreck and see what types of life actually inhabit this area. She sees a wide variety of wild tropical fish that people may never see in the wild, and gives information on the fish as she sees them.

EP: 4SH00309 – AQUA KIDS EPISODE #2006-15 (Texas Fisheries) SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: The Aqua Kids travel to a Texas freshwater fishery. Their tour guide, Allen, takes them on a comprehensive tour throughout the fishery. The 700-acre facility was established to promote the protection and repopulation of endangered Texas freshwater species and their habitats. The facility is unique because it gives visitors both an above-water as well as below-water view of the fish there. The Aqua Kids visit the catfish tank and learn about the relationship between this amazing creature and humans.

B BLOCK: Next, the Aqua Kids are introduced to paddlefish, a species that dates back to the Jurassic period. Then they take a look at American Alligators and learn the important differences between them and their close cousins, the crocodiles. The Aqua Kids learn that even though some creatures may look scary or unusual, they are actually an important part of the ecosystem, and should be treated with as much respect as any other part of nature.

C BLOCK: The Aqua Kids hear about the secrets of the fresh water from a real diver and search for a rare species of larva at the pond. They also see damselflies, which are the adult forms of an ancient species of insect that has been around for millions of years. The ecosystems are very complex, and the Aqua Kids learn about many important organisms that are often overlooked. They also learn the important value of preserving water quality in order to ensure the diversity and survival of freshwater habitat species.

D BLOCK: Finally, the Aqua Kids travel to the fishery complexes where fish are grown to be released into lakes and rivers around Texas for fishing. The kids help the workers load the slippery fish into big containers to be shipped off. Then they go to a local lake and help to unload the fish into the water.

EP: 4SH00310 – AQUA KIDS EPISODE #2006-18 (Dolphin Fun) SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: The Aqua Kids travel to the Island Dolphin Care Center in Key Largo, Florida. At the Dolphin Care facility, some very enthusiastic Aqua Kids get to meet and then swim with the dolphins.

B BLOCK: Next, the Aqua Kids learn all kinds of neat facts about the dolphins, such as how they can range in size from 7 feet to as small as 2 feet. They learn that, though dolphins have excellent eyesight above water, they primarily rely on their acute hearing and a form of sonar underwater. Dolphins are mammals just like humans, and share many unexpected similarities, such as having belly buttons and eyebrows.

C BLOCK: The Aqua Kids mingle with some Atlantic Sea lions and learn that female sea lions can reach up to 250 pounds, but the males of the species can weigh as much as 500 to even 1,000 pounds. In the wild, their main predator is sharks, but at the Dolphin Center, the sea lions are not only safe from predators, but are trained to do many different types of entertaining tricks.

D BLOCK: Finally, Molly and Balaya visit a very unique sector of the Dolphin Care facility where the dolphins swim with children with special needs, who get tremendous therapeutic value from the activity. The Aqua Kids see that the dolphins can help give these children much needed relaxation and freedom from the restraints of their wheelchairs. The weightlessness of the water and the acceptance from the dolphins are a great escape for these special-needs children, and the dolphins never judge the children or treat them differently because of their disabilities.

EP: 4SH00311 – AQUA KIDS EPISODE #2006-06 / #2007-13R (Ft. McHenry/Urban Wetlands) SYNOPSIS FOR FCC REPORT

TARGET AGE IS 13-16

A BLOCK: The Aqua Kids learn about the historical significance of Fort McHenry and the history of the American Flag.

B BLOCK: Tammy teaches Molly and the Aqua Kids about the Fort McHenry salt marsh, detailing the depth, the types of plants, and how this marsh is beneficial to the various species of animals that reside in the marsh. The kids also learn how many species of birds live in the Fort McHenry wetland.

C BLOCK: Molly and Tammy learn how to catch fish with a large harvesting net. Tammy teaches the kids about the various species of fish and crustaceans that the Aqua Kids caught.

D BLOCK: Bilal, Molly, and Geri discuss how littering is a huge issue because people do not care where they throw their trash. The trash travels through the sewer system and into the ocean and affects the quality of life for the animals.